

**SUPERVISION WORKSHOP PRESENTED TO THE CITY AND COUNTY OF  
SAN FRANCISCO MENTAL HEALTH WORKERS**

**INFORMED AND EFFECTIVE CLINICAL SUPERVISION:  
Guidelines, Issues and Challenges**

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- I. Focus and Intent of Workshop**
- II. Supervisory Exercise—“Touchstone Case”**
- III. Supervision: Definition, Scope, Importance**
- IV. Supervisory Models**
  - A. Developmental Approaches**
  - B. Social Role Models**
  - C. Psychotherapy Based Models**

***BREAK***

- V. Didactic Touchstone Case**
- VI. Laws and Ethics Pertaining to Supervision**
  - A. Changes in the Laws regarding Supervision**
  - B. The Basic Seven Ethical Principles**

***LUNCH***

- VII. Contract and Assessment of Trainee**
  - A. Preparatory Tasks for Supervisor**
  - B. Establishing the Ground Rules with Trainee**
  - C. Learning Assessment**
  - D. Discussion of Assessment with Trainee**
  - E. Supervisory Plan and Goals**
- VIII. Cultural Factors**
  - A. Definition**
  - B. Relationship to Ethics**
  - C. Specifics of Race, Gender, Power, Sexual Orientation, Disability**
  - D. Cultural Genogram**

- IX. Supervisory Relationship**

***BREAK***

- X. Intervention Strategies**
  - A. More Supportive Interventions**
  - B. More Confrontive Interventions**
- XI. Challenges**
  - A. Ways of Knowing**
  - B. Ways to Combat Inert Knowledge**

- C. Using Anchored Instruction**
- D. Using Anchored Instruction**